








September 2024 Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 <div style="background-color: red; color: white; padding: 10px; text-align: center; font-weight: bold; font-size: 1.2em;">CLOSED Labor Day</div>	3 Chicken Caesar Salad  (Romaine, HB Egg, Parmesan cheese, Croutons) Saltine Crackers, Dressing Pineapple Tidbits, Milk	4 Spaghetti w/Meat Sauce (mushrooms & bell peppers) Italian Vegetable Garlic Bread Diced Pear, Milk	5 Teriyaki Chicken Asian Vegetables Jasmine Rice Hawaiian Roll Apple, Milk	6 Pork Chile Verde (Onions & Potatoes) Cilantro Lime Rice Rancho Fiesta Mix Roll, Mandarin Oranges Milk
9 Beef Enchilada in Red Sauce Chuckwagon Corn Aztec Rice Juice, Yogurt, Milk	10 Egg Salad Sandwich Lettuce & Tomato Mediterranean Salad Apple, Milk	11 BBQ Chicken Garden Vegetables Mashed Potato Wheat Roll Diced Peaches, Milk	12 Steak Salad (Lettuce, Mixed Greens, Corn, Tomato, Red Onion, Queso Fresco, Pepitas), Roll Mandarin Oranges Milk	13 Pollo A LA Firenze Bow Tie Pasta Roasted Zucchini Roll, Banana Milk
16 Chicken Salad Sandwich Lettuce & Tomato Whole Wheat Bread Beet & Garbanzo Salad Juice, Yogurt, Milk	17 Salisbury Steak w/Gravy Roasted Brussels Sprouts w/Fajita Veggies, Mashed Potato, Wheat Roll Diced Peaches, Milk	18 Sweet & Sour Chicken (Not Fried), Jasmine Rice Oriental Vegetable Blend Hawaiian Roll Pineapple Tidbits, Milk	19 \$6 	20  Baked Glazed Ham Mashed Potato Green Beans Wheat Roll Mandarin Oranges, Milk
23 Roasted Turkey Sandwich Lettuce & Tomato Beet & Garbanzo Salad Baked Potato Chips, Hoagie Roll Juice, Yogurt, Milk	24 Chicken Marsala Egg Noodles Roasted Zucchini Roll Cake Milk	25 Veal Cacciatore Pasta Farfalle Green Beans Roll, Mixed Tropical Fruit Milk	26  Bangers And Mash Sausage w/Mashed Potato Green Beans Roll, Orange Milk	27 Oven Fried Chicken w/Country Gravy Roasted Potatoes, Carrots & Peas, Roll, Pineapple Tidbits, Milk
30  Cheese/Herb Ravioli w/Marinara Lima Beans Roll Juice, Yogurt, Milk	NOTE FROM NUTRITION DEPARTMENT: <i>*** Menu subject to change***</i> <i>Especially during these challenging times product may not be always available</i>	 =High Sodium Day		

Septiembre 2024 Menu

LUNES	MARTES	MIERCOLES	JUEVES	VIERNES
2 <div style="background-color: red; color: white; padding: 10px; text-align: center;"> CERRADO Labor Day </div>	3 Ensalada Caesar c/Pollo  (Lehuga, Huevo, Queso Parmesan, Crutones) Galletas Saladas, Adereso Piña, Leche	4 Spaghetti c/Carne de Res (champiñones y chile morron) Vegetal Italiano Pan de Ajo Pera Picada, Leche	5 Pollo Teriyaki Arroz Jasmin Vegetal Asiatico Panecillo Hawaiiano Manzana, Leche	6 Chile Verde de Puerco (cebolla y papa) Vegetal Rancho Fiesta Arroz De Cilantro Y Limon, Panecillo Mandarina, Leche
9 Enchiladas de Res en Salsa Roja Elote con pimientos Arroz Azteca Jugo, Yogurt, Leche	10 Emparedado de Ensalada de Huevo Lechuga y Tomate Ensalada Mediterreana Manzana, Leche	11 Pollo BBQ Garden Vegetal Pure de Papa Panecillo Integral Durazno Picado, Leche	12 Ensalada De Bistec (Lechuga, Verduras Mixtas, Elote, Tomate, Cebolla Roja, Queso Fresco, Pepitas) Panecillo, Mandarinas Leche	13 Pollo Al La Firenze Pasta De Pajarita Calabacin Asado Panecillo Platano Leche
16 Emparedado de Ensalda de Pollo c/Lechuga y Tomate Ensalada de Remolacha y Garbanzo Jugo, Yogurt, Leche	17 Salisbury Steak c/Gravy Bruselas Rostisadas Y Fajitas Pure de Papa Panecillo Integral Durazno Picado, Leche	18 Pollo Agridulce (No Frito), Arroz Jasmin Vegetal Oriental Panecillo Hawaiiano Piña, Leche	19  \$6	20  Jamon Glazeado Pure de Papa Ejotes Panecillo Integral Mandarina, Leche
23 Sándwich De Pavo Asado Lechuga Y Tomate Ensalada De Remolacha Y Garbanzos, Patatas Fritas Al Horno Jugo, Yogur, Leche	24 Pollo Marsala Fideos De Huevo Calabacin Asado Panecillo Pastel Leche	25 Cacciatore De Ternera Pasta Farfalle Judias Verdes Panecillo Mezcla De Frutas Tropicales Leche	26  Bangers And Mash Salicha c/ Puree De Papa Judias Verdes Panecillo, Naranja Leche	27 Pollo Frito al Horno c/Country Gravy Patatas Asadas Zanahoria y Chicharos Panecillo Integral Piña, Leche
30  Raviolis De Queso/Hierbas c/Salsa Marinara Habas Panecillo Jugo, Yogur, Leche	NOTA del Departamento de Nutrición: *** Menú sujeto a Cambios*** Especialmente durante estos tiempos, los productos pueden no estar disponible.		 = Dia De Alto Sodio	