- The following resources are resources only, not referrals. They are not to be taken or used as part of the ISC's services. The public needs to use these resources at their own discretion.
- Suggestion during your research: make certain those helping you are screened, insured, and/or bonded and if they are medical or non-medical.
- If you find any information you may think useful, or find information to be inaccurate, please email/call the ISC! Contact information listed above.

# **General Help (Valley Wide Agencies)**

**2-1-1 Community Connect (toll free)** P: Simply dial 2-1-1 / Office: 951-686-4402 Web: http://connectriverside.org/ E-mail: info@connectriverside.org Riverside County's confidential service providing Riverside County residents access and referrals to community and health information 24 hours a day, 7-days a week and in many languages.

# Adult Protective Services (County of Riverside) 24/7

P: 800-491-7123 APS 24/7 Hot Line Toll Free number // County of Riverside Department of Public Social Services Adult Services (non-emergency): 760-770-2450 (Cathedral City), 951-358-6400 (Riverside) Web: http://dpss.co.riverside.ca.us/adultservices-division/adult-protective-services look for an office in your area http://dpss.co.riverside.ca.us/office-locations E-mail: NA We serve dependent adults (age 18 and older) and the elderly (age 65 and older). The goal of APS is to intervene and assist elder or dependent adults to alleviate physical, sexual and financial abuse, neglect, isolation and abandonment, abduction and mental suffering.

# *All-Desert Wellness Centers* 73-726 Alessandro Dr., Ste. 201 Palm Desert, CA 92260 P: 760-797-5151 Web: http://www.alldesertwellness.org/

We are a 100 % volunteer, not-for-profit organization founded in 2008 to serve the mental health needs of the Coachella Valley community and those in the outlying desert areas. Our specific purpose is to provide mental and behavioral health services focusing on individual, children, adolescents, couples, senior, and families. We identified a need for counseling and therapy services that are affordable (based on a sliding scale) to anyone seeking such services.

**Catholic Charities** <u>Indio:</u> 83-180 Requa Ave. Ste. 9, Indio, CA 92201 P: 760-342-0157 F: 760-342-0341 <u>Main Office</u> 1450 North D St., San Bernardino, CA 92405 P: 909-388-1239 <u>Riverside:</u> 3020 Madison St., Riverside, CA 92504 P: 951-689-1803 F: 951-689-6953 Web: https://ccsbriv.org/ E-mail: info@ccsbriv.org Emergency rental assistance, family & community services, counseling, refugee & immigration services.

#### Coachella Valley Housing Coalition (Non-profit)

45-701 Monroe St., Ste. G, Indio, CA 92201 P: (760) 347-3157 F: (760) 342-6466 Web: www.cvhc.org E-mail: cvhc@cvhc.org

A non-profit affordable housing development organization founded in 1982 with the purpose of improving the living conditions of low-income individuals and families by constructing and operating affordable housing infused with resident services programs and other opportunities.

# Coachella Valley Association of Governments (CVAG)

73-710 Fred Waring Drive, Suite 200, Palm Desert, CA 92260 P: (760) 346-1127, F: (760) 340-5949 Web: *www.cvag.org* E-mail: cvag@cvag.org List of affordable housing in all of Coachella Valley, CA. On their home page under the Links menu, click on document library. Then look under Community Resource Dept. and click on the Affordable Housing Directory.

## Community Action Partnership of Riverside County

2038 Iowa Ave. Suite B-102, Riverside, CA 92507 P: 951-955-4900, TTY (800) 511-1110 F: NA Web: **www.capriverside.org** E-mail: **info@capriverside.org** An anti-poverty agency serving low-income residents of Riverside County. Please look at website to view services (Assistance for utilities, Weatherization, dispute resolution, help for Veterans, Tax help, etc.). CAP Riverside is governed by the Board of Supervisors and administered by a tripartite Community Action Commission comprised of primaries and alternates of 1/3 low-income representatives from the community, 1/3 public sector and 1/3 private sector representation.

**Coachella Valley Rescue Mission** 47-470 Van Buren St., Indio, CA 92201 Mailing: PO Box 10660, Indio, CA 92202-2564 P: 760.347.3512 F: 760.347.8073 Web: www.cvrm.org E-mail: info@cvrm.org Services: Food, shelter, New Life program, Women & Family services, Meal Vouchers

**Desert Hot Springs Family Resource Center** 14-201 Palm Drive, Suite 108, Desert Hot Springs, CA 92240 P: 760-288-3313 F: (760) 288-2854

## Web: http://dpss.co.riverside.ca.us/childrens-services-division/youth-and-

**community-resources/frc/locations** E-mail: via website There are several centers in the county and each one helps people move toward self-sufficiency. The FRC program focuses on seven core service types: parenting skills, self-sufficiency, community action, child abuse prevention services, information and referral services, education and literacy, and life skills. Designed to improve family life, particularly for overburdened or disadvantaged families and children.

**Desert Legal Aid (non-profit)** Physical: 423 North Palm Canyon Drive, Palm Springs, CA 92262 Mailing: P.O. Box 5563, Palm Springs, CA 92263-5563 P: 760-832-9770 Palm Desert: 74170 Highway 111, Palm Desert, CA 92260 P: (760) 340-4774 Web: www.desertlegalaid.org E-mail: info@desertlegalaid.org

Committed to providing access to justice for low-income residents. Through staff and volunteers, the center provides free and low-cost civil legal services, including counseling, individual representation, community education, and advocacy to challenge societal injustices for the poor, disabled and low-income of the Coachella Valley. We are committed to providing legal services on a sliding scale, or by flat-fee, including free services to all individuals and families who are the poorest and most vulnerable in our society.

**Department of Social Services (DPSS)** Other programs (CalWORKs, Medi-Cal, GAIN, CalFresh (EBT), Gen. Relief) 44-199 Monroe Street Suite C, Indio, CA 92201 P: 760-863-2700 Children Services & Adult Services 48-113 Jackson St., Indio, CA 92201 P: 760-863-7210 http://dpss.co.riverside.ca.us/index

**California Department of Social Services** Web: http://www.cdss.ca.gov/ Offers services/assistance for families, adults and children. Riverside County Department of Public Social Services (DPSS) is dedicated to supporting and improving the health, safety, and well-being of individuals and families.

<u>CA Department of Aging</u>: 1300 National Drive, Suite 200, Sacramento, CA 95834-1992 Phone: (916) 419-7500 Fax: (916) 928-2267 TDD: (800) 735-2929 Senior Information line P: 800-510-2020

Web: http://www.aging.ca.gov/AboutCDA/Contact\_for\_Local\_Services.aspx The California Department of Aging does not provide direct services. CDA contracts with and provides leadership and direction to Area Agencies on Aging (AAA) that coordinate a wide array of services to seniors and adults with disabilities at the community level and serve as the focal point for local aging concerns. Please visit the website to find aging services.

## EDA: County of Riverside Economic Development Agency

*Housing Division* Riverside County Economic Development Agency 5555 Arlington Ave. Riverside, CA 92504 P:951-343-5469 F:951-352-4852 *Main Address:* 3403 10th Street, Suite 400, Riverside, CA 92501 P: 951.955.8916 F: 951.955.6686 Web: **https://www.rivcoeda.org/Departments/Housing** (Housing Dept.) E-MAIL: via website TTY: 951.955.9495*General Mailing Address:* Economic Development Agency P.O. Box 1180 Riverside, CA 92502 *Services*: Homeownership [first-time homebuyers, mortgage credit, neighborhood stabilization homeownership program], home repair [low-income, disabled and seniors 62yrs+] Housing Development – New Construction, Acquisition and Rehabilitation, Rental assistance [section 8 housing, affordable public housing], and Homeownership Education Learning Program.

**Fair Housing Council of Riverside County, Inc** 41641 Brockton Ave., Riverside, CA 92501 P: riverside 951-682-6581 P: Palm Springs 760-864-1541 F: 951-682-0262 Web: **www.Fairhousing.net** E-MAIL: **fhcrc@fairhousing.net** Fair Housing Council of Riverside County, Inc. is a non-profit organization that fights to protect the housing rights of all individuals. This organization, approved by the Department of Housing and Urban Development (HUD), works with government offices to ensure fair housing laws are upheld.

Habitat for Humanity Coachella Valley 72680 Dinah Shore Dr. #6 Palm Desert, CA 92211 P: (760) 969-6917 Web: https://www.hfhcv.org/index.php E-mail: info@hfhcv.org Habitat for Humanity of the Coachella Valley is a non-profit dedicated to eliminating substandard housing locally and worldwide through constructing, rehabilitating and preserving homes; by advocating for fair and just housing policies; and by providing training and access to resources to help families improve their shelter conditions.

Housing Authority of Riverside County Workforce Development Center 44-199 Monroe St. Suite B Indio, CA 92201 Mailing Address: Po Box 1747 Indio, CA 92202 (Indio) P: 760-863-2828/800-609-5708 F: 760- 863-2838 TTY/TDD: 760-863-2830 (Riverside) P: 951-351-0700/(800) 655-4228 TDD 951-351-9844 Web:www.harivco.org Riverside address: 5555 Arlington Ave., Riverside, CA 92504 The Housing Authority of the County of Riverside is a public agency chartered by the State of California to administer the development, rehabilitation or financing of affordable housing programs. Helps with section 8.

Independent Living Partnership 501(c)(3) 6235 River Crest Dr. #Q, Riverside, CA 92507 P: 951.653.0740/800-510-2020 Web: http://ilpconnect.org/ Riverside: http://ilpconnect.org/trip-riverside/ E-mail: info@ilpconnect.org

The Independent Living Partnership (ILP) was organized in 1989 to actively advocate for the Americans with Disabilities Act. Resource/Transportation guides available online.

**T.R.I.P Program** The nationally acclaimed TRIP Program is a "rider-centered" volunteer driver service that has operated in Riverside County California since 1993 providing thousands of residents who are elderly and disabled, do not drive, have no family to drive for them, are unable to use public transportation alternatives, and are unable to access needed health care or other life sustaining services without our assistance.

<u>Tools for Independence</u> TM newsletter is a resource for EVERYONE who is caring for a parent or loved one with a physical impairment that makes everyday living more difficult. Each month we bring the reader fresh news, reviews and

updates on assistive and enabling daily living devices and gadgets. https://ilpconnect.org/archived-publications/tools-for-independence/ <u>Transportation Guide https://ilpconnect.org/trip-riverside/riverside-county-</u> transportation-guide/ at the top of the page, under TRIP Riverside, click on Riverside County Transportation Guide

## In-Home Supportive Services (IHSS)

Riverside County IHSS 1-888-960-4477

Web: County of Riverside In-Home Supportive Services

E-mail: via website

If you are over 65 years of age, or disabled (adult or child), or blind, IHSS will help pay for services provided to you so that you can remain safely in your own home. IHSS is considered an alternative to out-of-home care, such as nursing homes or board and care facilities.

*Galilee Center* 66-101 Hammond Rd. Mecca, CA 92254 P: 760-396-9100 Web: www.galileecenter.org Email: info@galileecenter.org Adults 55 and over are given supplemental drinks (Ensure or Glucerna), Depends, and crock pots. Meals are provided for in-bound seniors. Families can apply for rental assistance one time each year. Families can apply for help to pay their electric/gas bill once a year.

**Housing and Urban Development** (HUD) for Riverside Co. Field Office: Dept. of Housing and Urban Development, Santa Ana Federal Building, 34 Civic Center Plaza, Room 7015, Santa Ana, CA 92701-4003 P: (714) 796-5577 F: (202) 485-5705 Email: Via website TTY: (213) 894-8133 or (800) 877-8339 P: (951)351-0700 F: (951)688-6873 Web: www.hud.gov Section 8 and Low rent programs/ HUD's mission is to create strong, sustainable, inclusive communities and quality affordable homes for all. Find an office near you: https://www.hud.gov/states/california/offices

*Inland Counties Legal Services* 82-632C US Highway 111, Indio, CA 92201 P: (760) 342-1591, Toll Free: (800) 226-4257 Web: http://www.inlandlegal.org/ Inland Counties Legal Services provides free civil legal assistance to seniors who are 60 years or older who reside in Riverside and San Bernardino Counties. Helps with health care, estate planning, power of attorney, housing, consumer fraud, guardian and conservatorships.

*Inland Fair Housing and Mediation Board* 1500 South Haven Ave. Suite 100, Ontario, CA 91761 P: 909-984-2254 or 800-321-0911 F: 909-460-0274 TTY: 800-735-2929 http://ifhmb.com/ Indio: 82921 Indio Blvd Suite 10, Indio, CA 92201 P: (760) 775-3151 IFHMB (non-profit) serves as an intermediary to assist individuals in resolving issues related to housing discrimination, homeownership sustainability, rental complaints, and disputes in court through the provision of resource recommendations, education, and

mediation. Fair housing, mediation, housing counseling, ADR, senior services. HUD approved.

Jewish Family Service of the Desert (non-profit) 490 South Farrell Drive, Suite C-208 Palm Springs, CA 92262 P: (760) 325-4088 F: (760) 778-3781 Web: www.jfsdesert.org E-mail: info@jfsdesert.org The Mission of Jewish Family Service of the Desert is to provide for the social service needs of the Jewish and general community throughout the greater Coachella Valley with a commitment to promote the well-being of people of *all ages*, incomes and lifestyles. Offers food & financial assistance, mental health, grief & loss groups, referrals, youth assistance, senior counseling & advocacy, medical appt. transportation.

## LawHelpCA.org http://Lawhelpca.org

#### /Spanish:https://www.lawhelpca.org/es/sobre-nosotros / Seniors:https://www.lawhelpca.org/topic/seniors

Official and free-California's official and free legal resource. Reliable information about common legal issues, written by reputable sources on 16 general topics and over 140 specific subtopics. Updated directory of legitimate and pre-screened organizations that offer free or low-cost legal advice and representation.

*Martha's Village and Kitchen* 83-791 Date Avenue, Indio, California 92201 P: 760.347.4741 F: 760.347.9551 Web: **www.marthasvillage.org** E-mail: via website Services: Food, emergency assistance, children's services (w/child development center), career education, case management, emergency housing, health care services.

*Office on Aging* 6296 River Crest Dr. Ste. K, Riverside, CA 92507 P: 800-510-2020 // 951-867-3800 F: 951-867-3830 Web: https://www.rcaging.org/ E-mail: rcaging@rivco.org Indio satellite office : 44-199 Monroe St. Indio, CA 92201 P: 760-771-0501. Offers care services for seniors and adults with disabilities in Riverside County.

**Sundial/Sunline of the Coachella Valley** P: 760-343-3421 (Sunline) 760-343-4231(Sundial) **www.sunline.org** Transportation throughout Coachella Valley & Transportation for seniors and those with disabilities. Ask about programs for seniors and persons with disabilities.

**Senior Advocates of the Desert (non-profit)** P.O. Box 2827 Cathedral City, CA 92235-2827 P: 760-202-1024 Web: **www.saotd.org** E-mail: **dena@saotd.org** Senior Advocates of the Desert serves low-income seniors age 60 and older who live in the Coachella Valley. *All of our services are provided free of charge. Senior Advocates* 

of the Desert was founded so that low-income seniors can make one phone call and be provided the information, assistance, and advocacy they need to navigate through the government benefits application process.

Senior Shuttle, Inc. (Non-Profit) P: (760) 837-2012

Web: https://seniorshuttle.vpweb.com/transportation.html E-mail:

**mfinch4750@gmail.com** Monday - Friday - 7 AM to 6 PM Senior Shuttle is a nonemergency medical transportation company for the elderly. We offer door-to-door service to doctor and medical appointments. We are a transportation provider for several HMO's such as SCAN, Health Net, United Health Care, Care First, and One Call Transport. We are paid for our services by these agencies which are either subsidized by Medicare, or by Private donations. Rides are free to their members. If you are not covered, please call for a quote. Fees are tax deductible.

*Smiles 4 Seniors (Non-Profit)* Address: P.O. Box 1113, Yucaipa CA, 92399 P: 909-790-6671 Web: http://smilesforseniorsfoundation.org/id12.html E-mail: Visit the contact page on their website. Call to see if you qualify. *Must be 65 years or older to qualify* & reside in California. Provides emergency assistance and safety net services to struggling low-income seniors who would otherwise have nowhere to turn. An agency providing assistance for food, housing, utility payments, minor home and auto repair and help pay for life saving prescriptions and medical equipment.

Volunteers of America 1660 Duke St., Alexandria, VA 22314 Toll Free (800) 899-0089 P:(703) 341-5000 Web: *www.voa.org* E-mail: info@voa.org A nonprofit for: Assistance with basic needs, community outreach and investment, correctional re-entry services, housing, mental health, senior living and care, substance abuse. Desert cities: https://www.voasw.org/ P: 800-862-1896 Los Angeles: https://voala.org/ P: 213-389-1500 (TDD): 213-388-8280

# Helpful Websites

## \*You may also call/visit your city's site for helpful info!

**\*\*\*California Department of Social Services Home Care Aide Registry** Address: California Department of Social Services Home Care Services Bureau 744 P Street, M.S. T8-3-90 Sacramento, CA 95814\_ P: 877-424-5778 Web: https://secure.dss.ca.gov/ccld/hcsregistry/About.aspx E-mail: HCSB@dss.ca.gov An individual can search the status of a registered Home Care Aide or Home Care Aide applicant

http://www.adultdaycare.org/ 866-333-6002 A nationwide directory of adult day care centers

www.aplaceformom.com 951-836-6032 (living advisors-nationwide) Free referral service for non-medical custodial care. Helps assess which option of care is best for you: independent living, assisted living, nursing homes, in home care, adult day services, Alzheimer & Dementia care, etc. Ancillary services. VA Benefits.

http://www.assistedlivingfacilities.org/ 866-333-6002 A nationwide directory of assisted living facilities

https://www.benefitscheckup.org A free service of the National Council on Aging (NCOA). BenefitsCheckUp® is a comprehensive, free online tool that connects older adults with benefits they may qualify for (federal & private). Helps with housing & utilities, medications, health care income assistance, food and nutrition, tax relief, Veterans, employment, transportation, respite care, health insurance counseling, etc. Fill out their online questionnaire to help you find programs according to your needs.

https://cal-elder-law.com/ CA Elder Law Center 77-564 Country Club Dr. # 101, Palm Desert, CA 92211 P: 760-422-0404 Email: info.calelderlaw@gmail.com Helps one understand the process of long-term care insurance, medicare, VA Benefits, probate, etc.

www.calqualitycare.org This free service offers information on nursing homes, and other long-term care facilities, along with tips and checklists about how to choose a health care provider, questions to ask, how to pay for care, and what to do if something goes wrong.

https://www.caring.com/ P: 800-973-1540 Address: 2600 South El Camino Real, Suite 300, San Mateo, CA 94403 P: 650-312-7100 Relevant elder care information and support, as well as comprehensive senior living and senior care directories – with information about independent living, assisted living, memory care, in-home care, skilled nursing, and other senior care services (as well as how to pay for these options). Free service. Customer reviews available on website.

http://www.connectriverside.org/ Riverside County's confidential service providing Riverside County residents access and referrals to community and health information 24 hours a day, 7-days a week and in many languages. P: 2-1-1 (24hr line) P: (951) 686-4402

**www.cvhip.com** An online directory of resources in Coachella Valley (for any age). It includes services like healthcare, transportation, food pantries, recreation, counseling, common concerns, education, food, senior resources, etc.

http://www.dhcs.ca.gov/services/Pages/Seniors.aspx Understand how the CA Department of Health Care Services can help senior Medi-Cal beneficiaries make informed decisions about their living situation. Visit this website, http://www.dhcs.ca.gov/services/Pages/Community-BasedAdultServices(CBAS)AdultDayHealthCare(ADHC)Transition.aspx , from the CA Dept. of Health Care Services to find out about Community-Based Adult Services (CBAS)-formerly Adult Day Health Care -(ADHC) - CBAS offers services to eligible older adults and/or adults with disabilities to restore or

maintain their optimal capacity for self-care and delay or prevent inappropriate or personally undesirable institutionalization. CBAS services include: an individual assessment; professional nursing services; physical, occupational and speech therapies; mental health services; therapeutic activities; social services; personal care; a meal; nutritional counseling; and transportation to and from the participant's residence and the CBAS center - CBAS is a Medi-Cal Managed Care benefit available to eligible Medi-Cal beneficiaries enrolled in Medi-Cal Managed Care.

**www.eldercarechannel.com** Helping find a caregiver for your loved one. Articles on healthcare issues regarding the elderly available. Just type in your zip code to see what is available in your area.

**https://fairhousing.net/** P: 951-682-6581 Palm Springs: (760) 864-1541 E-mail: **fhcrc@fairhousing.net** Fair Housing Council of Riverside County, Inc. is a non-profit organization that fights to protect the housing rights of all individuals. Also provides other housing services. This organization, approved by the Department of Housing and Urban Development (HUD), works with government offices to ensure Fair housing laws are upheld.

http://www.homehealthcareagencies.com/ Search engine for health care agencies in your area, just type in your zip code. HomeHealthCareAgencies.com was created to give consumers a resource where they can research Medicare certified home care agencies, private duty home care companies and hospice care services in their area, as well as learn about various state regulations. If you are interested in an explanation of various types of care please visit:

http://www.homehealthcareagencies.com/resources/what-is-home-care-/

http://www.insurance.ca.gov/0150-seniors/0500longtermcare/index.cfm Long-term care information from the CA Department of Insurance

http://Lawhelpca.org Information relating to housing, seniors, disability, etc. are available LawHelpCA serves California as the only statewide resource for self-help legal information and a referral directory of local legal aid providers, court-based programs, and certified referral services. Reliable information about common legal issues, written by reputable sources, updated directory of legitimate and pre-screened organizations that offer free or low-cost legal advice and representation.

https://www.lowincomehousing.us/CA.html Find low-income apartments in California along with nonprofit organizations that help with low income housing along with HUD apartments, public housing apartments, public housing authorities, and housing assistance agencies.

https://www.ncoa.org/economic-security/home-equity/ (National Council on Aging) 251 18th Street South Ste. 500, Arlington, VA 22202 P: 571-527-3900 Housing Options & Resources-Know an older adult who's considering a reverse mortgage, home equity loan, or retirement community? We've got the facts about senior living options. Also has a section for senior benefit help.

http://riverside.networkofcare.org/aging/ Riverside County The Network of Care is a comprehensive, Internet-based community resource for seniors and persons with disabilities, as well as their caregivers and service providers. NOC provides an extensive directory to put people in touch with the right services at the right time. For seniors, caregivers, and persons with disabilities - housing, caregiver support, aging, financial assistance, healthy living, elder abuse, transportation, assistive devices, etc.

www.ourparents.com/california 866-531-0695 Helping families with aging parents find the best senior care solution. Multiple senior care option listings and senior living blogs & articles.

#### https://www.senioradvisor.com/ 800-805-3621

Listings for senior care throughout the U.S. and Canada. Also a ratings/review site for senior care. Nearly 100% of our reviews have been verified by the staff at SeniorAdvisor.com as the first-hand experiences of real customers or visitors.

https://www.seniorguidance.org/ SeniorGuidance.org provides comprehensive resources on various senior living options, including: assisted living facilities, senior living communities, nursing homes, independent living communities, continuing care retirement communities (CCRC) and all other long term senior care options, including memory care such as Alzheimer's or Dementia. There are also articles on senior living and a housing guide.

https://seniorcenter.us/ SeniorCenter.us is a site that provides a directory of senior centers, as well as additional resources (nursing homes, home health agencies, adult daycare, living a healthier life, and many other services required to meet the needs of our elder population.)

https://www.seniorhomes.com/ 1-800-748-4024 (call for free assistance) Search engine for senior living-Find assisted living, independent living, memory/Alzheimer's care, retirement communities and more. Also has an explanation of various types of senior living.

https://www.seniorhousingnet.com/ P: (888) 514-6461 Search engine for senior living options and advice & planning articles. Provided by realtor.com

http://www.skillednursingfacilities.org/ 866-333-6002 A nationwide directory of skilled nursing facilities and related articles.

https://www.va.gov/homeless/nonvaresources.asp Resource Directory for at-risk/homeless Veterans & non-Veterans