

General Help / Websites

The following resources are resources only, not referrals. They are not to be taken or used as part of the Indio Senior Center's services. The public needs to use these resources at their own discretion.

If you find any information you may think useful, or find information to be inaccurate, please e-mail/call the ISC! Contact information listed above.

[General Help \(Valley Wide Agencies\)](#)

2-1-1 Community Connect (toll free) Riverside County's confidential service providing Riverside County residents access and referrals to community and health information 24 hours a day, 7-days a week and in many languages. P: 951-686-4357(24hr line), 800-464-1123 (8-5 M-F) or just dial 211.

Adult Protective Services (County of Riverside) 24/7

P: 800-491-7123 APS Hot Line Toll Free number, 760-863-7210 (Indio), 760-770-2450 (Cathedral City), 951-358-6400 (Riverside) F: (951) 358-3969 (Riverside)

Web: <http://dpss.co.riverside.ca.us/adult-services-division/adult-protective-services> or look for an office in your area <http://dpss.co.riverside.ca.us/office-locations>

E-mail: NA We serve dependent adults (age 18 and older) and the elderly (age 65 and older). The goal of APS is to intervene and assist elder or dependent adults to alleviate physical, sexual and financial abuse, neglect, isolation and abandonment, abduction and mental suffering.

All-Desert Wellness Centers 73-726 Alessandro Dr., Ste. 201 Palm Desert, CA 92260

Web: www.alldesertwellness.org

We are a 100 % volunteer, not-for-profit organization founded in 2008 to serve the mental health needs of the Coachella Valley community and those in the outlying desert areas. Our specific purpose is to provide mental and behavioral health services focusing on individual, children, adolescents, couples, senior, and families. We identified a need for counseling and therapy services that are affordable (based on a sliding scale) to anyone seeking such services.

Catholic Charities (Serving San Bernardino, Riverside, Ontario, Moreno Valley, Coachella Valley & high desert) 83-180 Requa Ave. Ste. 9B, Indio, CA 92201 P: 760-342-0157 F: 760-342-0341 *Main Office* 1450 North D St., San Bernardino, CA 92405 P: 909-388-1239 F: 909-384-1130 Web: www.ccsbriv.org E-mail: info@ccsbriv.org
Emergency rental assistance, Family & Community Services, Counseling, Refugee &

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Immigration Services. To view services offered, please call or visit
<http://ccsbriv.org/our-service/>

Coachella Valley Housing Coalition (Low-income Rental & Homes)

45-701 Monroe St., Ste. G, Indio, CA 92201 P: (760) 347-3157 Toll Free (800) 689-4663 F: (760) 342-6466 Web: www.cvhc.org E-mail: cvhc@cvhc.org

CVHC is dedicated to helping low and very low-income families improve their living conditions through advocacy, research, construction, and operation of housing and community development projects.

Coachella Valley Association of Governments (CVAG)

73-710 Fred Waring Drive, Suite 200, Palm Desert, CA 92260

P: (760) 346-1127, F: (760) 340-5949 Web: www.cvag.org

List of affordable housing in all of Coachella Valley, CA. On their home page, click on 'document library' after pg. loads, under community resource dept. click on 'affordable housing directory'.

Community Action Partnership of Riverside County

2038 Iowa Ave. Suite B-102, Riverside, CA 92507 P: 951-955-4900, TTY (951) 955 – 5126 F: 951-955-6506 Web: www.capriverside.org E-mail: info@capriverside.org

An anti-poverty agency serving low-income residents of Riverside County. CAP Riverside is governed by the Board of Supervisors and administered by a tripartite Community Action Commission comprised of primaries and alternates of 1/3 low-income sector, 1/3 public sector and 1/3 private sector representation. Please look at website to view services (i.e. LIHEAP-assistance for gas OR electric, Weatherization, dispute resolution).

Coachella Valley Rescue Mission 47-470 Van Buren St., Indio, CA 92201

Mailing: PO Box 10660, Indio, CA 92202-2564 P: 760.347.3512 F: 760.347.807

Web: www.cvrm.org E-mail: info@cvrm.org Services: Food, shelter, New Life program, Women & Family services, Meal Vouchers

Desert Alliance for Community Empowerment (D.A.C.E) Desert Alliance for Community Empowerment Desert Communities Empowerment Zone

53-990 Enterprise Way, Suite 1, Coachella, California 92236 P: (760) 391-5050 F:

(760) 391-5100 Web: http://www.dace-rancho.org/About_Rancho.htm E-mail: NA

D.A.C.E. IS a 501 (c)(3) non-profit organization that helps create economically viable communities from areas suffering from pervasive poverty, unemployment and general distress. Also to expand the supply of affordable housing, economic development, community development, and provide access to affordable healthcare and childcare—and in the long-term empowering the community with self-sufficiency. D.A.C.E Strategic

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Focus for Housing - increase the amount of and opportunities for residents to achieve homeownership of affordable housing.

Rancho Housing Alliance (Sister Organization-D.A.C.E) 53-990 Enterprise Way, Suite 1, Coachella, California 92236 P: (760) 391-5883, 760-391-5050
Web: http://www.dace-rancho.org/About_DACE.htm ,
<http://ranchohousing.org/> E-Mail: NA Providing communities with the means and resources for quality, affordable housing through innovative and collaborative community-based partnerships. Rancho has since developed a wide variety of housing programs to meet the needs of very low to moderate income families in the communities we serve. Helps with housing services, development and construction, and Good Neighbor Services.

Desert Hot Springs Family Resource Center 14-201 Palm Drive, Suite 108, Desert Hot Springs, CA 92240 P: 760-288-3313 F: (760) 288-2854
Web: <http://dpss.co.riverside.ca.us/childrens-services-division/youth-and-community-resources/frc/locations> E-mail: via website

Desert Legal Aid (non-profit) Physical: 423 North Palm Canyon Drive, Palm Springs, CA 92262 Mailing: P.O. Box 5563, Palm Springs, CA 92263-5563 P: 760-832-9770 F: 760-832-9769 Web: www.desertlegalaid.org E-mail: info@desertlegalaid.org
Fees: Sliding scale or flat fee. Provides a free of charge initial half hour of legal consultation and advice to all clients. At the conclusion of the free consultation, clients may then choose from one of our flat-fee services, or they may choose to have Desert Legal Aid provide further legal assistance based on an adjusted fee schedule.
Services: committed to providing access to justice for low-income residents. Through volunteers and staff, the center provides free and low-cost civil legal services, including counseling, individual representation, community education, and strategic litigation and advocacy to challenge societal injustices for the poor, disabled and low-income of the Coachella Valley. Debt relief, estate planning, housing issues, domestic violence, government benefits, economic security (food/housing/work), health care, notary service, class action lawsuit, criminal.

Department of Social Services (DPSS) Other programs (CalWORKs, Medi-Cal, GAIN, CalFres (EBT), Gen. Relief) 44-199 Monroe Street Suite C, Indio, CA 92201 P: 760-863-2700 Children Services & Adult Services 48-113 Jackson St., Indio, CA 92201 P: 760-863-7210 <http://dpss.co.riverside.ca.us/index>
California Department of Social Services (Information about the Department of Aging can be found here) Web: <http://www.cdss.ca.gov/cdssweb/PG63.htm>

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Information about personal care and household assistance services is available through California Department of Aging. (Such as in-home care, day care programs, care management services, meal programs, home modifications, adaptive technology, transportation services, home health and hospice programs, mental health services, respite care, caregiver support programs, legal services, health insurance counseling, and other resources in your local area)

Contact Department of Aging: 1300 National Drive, Suite 200, Sacramento, CA 95834-1992 Phone: (916) 419-7500 Fax: (916) 928-2267 TDD: (800) 735-2929 Web: http://www.aging.ca.gov/AboutCDA/Contact_for_Local_Services.aspx

EDA: County of Riverside Economic Development Agency

Housing Division Riverside County Economic Development Agency 5555 Arlington Ave. Riverside, CA 92504 P:951-343-5469 F:951-352-4852 *Main Address:* 3403 10th Street, Suite 500, Riverside, CA 92501 P: 951.955.8916 F: 951.955.6686 Web: rivcoeda.org (Housing Dept.) E-MAIL: Via website TTY: 951.955.9495 *General Mailing Address:* Economic Development Agency P.O. Box 1180 Riverside, CA 92502 *Services:* Homeownership [first-time homebuyers, mortgage credit, neighborhood stabilization homeownership program], home repair [low-income, disabled and seniors 62yrs+] Housing Development – New Construction, Acquisition and Rehabilitation, Rental assistance [section 8 housing, affordable public housing], and Homeownership Education Learning Program.

Fair Housing Council of Riverside County, Inc. 3933 Mission Inn. Ave. Riverside, CA 92501 P: 800-655-1812 P: riverside 951-682-6581 P: Palm Springs 760-864-1541 F: 951-682-0262 Web: www.Fairhousing.net E-MAIL: fhcrc@fairhousing.net Fair Housing Council of Riverside County, Inc. is a non-profit organization that fights to protect the housing rights of all individuals. This organization, approved by the Department of Housing and Urban Development (HUD), works with government offices to ensure fair housing laws are upheld.

Housing Authority of Riverside County Workforce Development Center 44-199 Monroe St. Suite B Indio, CA 92201 Mailing Address: Po Box 1747 Indio, CA 92202 P: 760-863-2828 Indio: 800-609-5708 P: 951-351-0700 F: 760- 863-2838 TDD: 760-863-2830 Riverside-mail: 800-655-4228 Web: www.harivco.org The Housing Authority of the County of Riverside is a public agency chartered by the State of California to administer the development, rehabilitation or financing of affordable housing programs.

Independent Living Partnership 501(c)(3) 6235 River Crest Dr. #C, Riverside, CA 92507 P: 800-510-2020 / 951.653.0740 Web: <http://ilpconnect.org/> Riverside: <http://ilpconnect.org/trip-riverside/> E-mail: <http://ilpconnect.org/contact-us/>

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The Independent Living Partnership (ILP) was organized in 1989 to actively advocate for the Americans with Disabilities Act. They publish a newsletter for those who want to live independently and publish an annual transportation guide.

T.R.I.P Program The nationally acclaimed TRIP Program is a “rider-centered” volunteer driver service that has operated in Riverside County California since 1993 providing thousands of residents who are elderly and disabled, do not drive, have no family to drive for them, are unable to use public transportation alternatives, and are unable to access needed health care or other life sustaining services without our assistance.

Tools for Independence TM newsletter is a resource for EVERYONE who is caring for a parent or loved one with a physical impairment that makes everyday living more difficult. Each month we bring the reader fresh news, reviews and updates on assistive and enabling daily living devices and gadgets.

Transportation Guide <http://ilpconnect.org/wp-content/uploads/2015/04/Challenges-Transportation2015.pdf>

Assistive technology <http://www.toolsforindependence.org/> Links to associations, resource centers, and other sources of information on assistive technology.

In-Home Supportive Services (IHSS)

Riverside County IHSS 1-888-960-4477

Web: <http://www.cdss.ca.gov/agedblinddisabled/PG1296.htm>

Web: **County of Riverside In-Home Supportive Services**

E-mail: <http://www.cdss.ca.gov/agedblinddisabled/contact.htm>

If you are over 65 years of age, disabled (adult or child), or blind, IHSS will help pay for services provided to you so that you can remain safely in your own home. IHSS is considered an alternative to out-of-home care, such as nursing homes or board and care facilities. For more information and to apply for these services, contact your local county welfare office.

Galilee Center 1060 6th St., Coachella, CA 92236 P: 760-396-9100 (Olga Chavez-Coachella) P: 760-396-9100 (Mecca) Web: www.galileecenter.org

Email: ochavez@galileecenter.org Galilee Center provides seniors 55+ with Depends & Ensure once a month if he/she qualifies. The Galilee Center also helps with utility and rental assistance for seniors 55+. A senior qualifies for utility/rental assistance if he/she has a valid emergency (unexpected expense).

Housing and Urban Development

5555 Arlington Avenue Riverside CA 92504 P: (951)351-0700 F: (951)688-6873

www.hud.gov Section 8 and Low rent programs/ HUD's mission is to create strong, sustainable, inclusive communities and quality affordable homes for all.

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Indio Housing Resource Center 45-110 Oasis St., Indio, CA 92201

P: 760.775.3151 F: NA Web: <http://www.ifhmb.com> E-mail: indio@ifhmb.com
Free and Confidential Services: Default/Foreclosure Prevention Counseling (counseling that may lead to making mortgage more affordable through loan modifications, loan default repayment plans, etc.) Fair Housing Services (tenant/landlord rights and housing discrimination counseling and information) Tenant/Landlord Mediation Services (dispute resolution) Senior Services Location: on the east side of Oasis St., just south of Miles Ave., next to the appliance repair shop.

Inland Counties Legal Services 82-632C US Highway 111, Indio, CA 92201

P: (760) 342-1591, Toll Free: (800) 226-4257 Inland Counties Legal Services provides free civil legal assistance to seniors who are 60 years or older who reside in Riverside and San Bernardino Counties. Helps with health care, estate planning, power of attorney, housing, consumer fraud, guardian and conservatorships.

Inland Fair Housing and Mediation Board 1500 South Haven Ave. Suite 100 |

Ontario, CA 91761 P: 909-984-2254 or 800-321-0911 F: 909-460-0274 TTY: 800-735-2929 <http://ifhmb.com/> Indio: 45-110 Oasis St., Indio, CA 92201 (760) 775-3151
IFHMB serves as an intermediary to assist individuals in resolving issues related to housing discrimination, homeownership sustainability, rental complaints, and disputes in court through the provision of resource recommendations, education, and mediation. It is a HUD-approved counseling agency. Programs: Fair Housing, Landlord and Tenant Mediation, Mobile Home Mediation, Housing Counseling, Reverse Mortgage Counseling, First-Time Homebuyer Class, Unfair Lending Investigation, Alternative Dispute Resolution, Senior Services.

Jewish Family Service of the Desert 801 E. Tahquitz Canyon Way, Suite 202 Palm

Springs, CA 92262 P: (760) 325-4088 F: (760) 778-3781 (Intakes taken here)
Web: www.jfsdesert.org E-mail: NA The Mission of Jewish Family Service of the Desert is to provide for the social service needs of the Jewish and general community throughout the greater Coachella Valley with a commitment to promote the well-being of people of *all ages*, incomes and lifestyles. Offers food & financial assistance, mental health, grief & loss groups, referrals, youth assistance, senior counseling & advocacy, medical appt. transportation.

Lawhelpca.org <http://Lawhelpca.org> / Spanish: <http://ayudalegalca.org> / Seniors: <http://lawhelpca.org/issues/seniors> Serves California as the only statewide resource for easy access to self-help information on legal problems and referrals to local legal aid providers and pro bono assistance. Reliable information about common legal issues. Updated directory of legitimate and pre-screened organizations that offer free or low-cost legal advice and representation.

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Martha's Village and Kitchen 83-791 Date Avenue, Indio, California 92201
P: 760.347.4741 F: 760.347.9551 Web: www.marthasvillage.org
E-mail: marthas@neighbor.org Apply for a job at Martha's: my.neighbor.org or stop by. Services: Food Service, transitional housing, children's services (w/child development center), career and education, case management, emergency clinic, case management.

Notary Services provided by Community Action Partnership (call a local postal annex if this is far) Community Action Partnership provides on-site Public Notary of documents to the low-income residents of Riverside County at discounted rates at \$5 or \$1.00 for seniors. If experiencing hardship, let them know before paying. To schedule an appointment, please contact Linda or Gwen (951) 955-4900.

Office on Aging 6296 River Crest Dr. Ste. K, Riverside, CA 92507-0738 P: 800-510-2020 // 951-867-3800 F: NA Web: www.rcaging.org E-mail: rcaging@rcaging.org
Indio satellite office : 44-199 Monroe St. Indio, CA 92201 P: 800-510-2020. Offers care services for seniors and adults with disabilities in Riverside County.

Riverside County Adult Services - C.A.R.E. Program

(800) 476-7506 8-5 M-F, closed every other Friday, schedule subject to change
Web: <http://dpss.co.riverside.ca.us/adult-services-division/care-program>
E-Mail: NA Who is eligible: Dependent Adults (18-64 yrs) and Elders (65+ yrs)
Consumer fraud only! Please contact Adult Protective Services listed above for any other type of abuse. The mission of the C.A.R.E. Program (Curtailing Abuse Related to the Elderly) is to educate the public, provide direct advocacy to elderly and dependent adult victims of consumer fraud, and improve coordination and cooperation among human service providers and public safety organizations to combat elder and dependent adult abuse. Provides consumer fraud education and advocacy for seniors.

Sundial/Sunline of the Coachella Valley 760-343-4231 www.sunline.org

Transportation for seniors and those with disabilities; also ask about their taxi voucher & curb to curb program for Sunline transit.

Senior Advocates of the Desert P.O. Box 2827 Cathedral City, CA 92235-2827

P: 760-202-1024 F: 760- Web: www.saotd.org E-mail: dena@saotd.org
Fees: all services provided free of charge Services: Senior Advocates of the Desert serves low-income seniors age 60 and older who live in the Coachella Valley. *All of our services are provided free of charge. We depend 100% on donations. Over 95% of all donations go directly to benefiting our clients. A non-profit social service organization that focuses exclusively on helping low-income seniors get their Government benefits to which*

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they are entitled, but have been unable to obtain on their own. In addition to the above, Senior Advocates gives information and assistance regarding transportation programs, discount utility programs, subsidized senior housing, landlord tenant issues, garnishment, and collections disputes, among others.

Senior Shuttle, Inc. (Non-Profit) P: (760) 837-2012

Web: <http://seniorshuttle.vpweb.com/> Monday - Friday - 7 AM to 7 PM

Wheelchair van available. Senior Shuttle is a non-emergency medical transportation company for the elderly. We offer door-to-door service to doctor and medical appointments. We are a transportation provider for several HMO's such as SCAN, Health Net, United Health Care, Care First, and One Call Transport. We are paid for our services by these agencies which are either subsidized by Medicare, or by Private donations. Rides are free to their members. If you are not covered for rides by one of these agencies, or if you have exhausted your benefits, please see our costs below. Private Carrier ID: CA 428994. Up to 5 miles from your home - one way - \$15, Up to 10 miles from your home - one way - \$25, Up to 25 miles from your home - one way - \$50. PREPAY: If you wish, you can sign up for 12 trips per year for a donation of \$250 or \$25 per month.

Volunteers of America Toll Free E-mail: (800) 899-0089 P: (703) 341-5000 F: (703) 341-7000 Web: www.voa.org A nonprofit developer and provider of affordable housing (for all ages) in the country. We are a leading nonprofit provider of skilled nursing care and assisted living for seniors.

[Helpful Websites](#)

****You may also call/visit your city's site for helpful info!***

<http://www.adultdaycare.org/> 866-333-6002 A nationwide directory of adult day care centers

www.aplaceformom.com 877-311-6099 (living advisors)

Referral service for independent living, assisted living, nursing homes, in home care, adult day services, Alzheimer & Dementia care.

<http://www.assistedlivingfacilities.org/> 866-333-6002 A nationwide directory of assisted living facilities

www.Calcarenet.gov Long-term care & support services – a California government website

www.cal-elder-law.com CA Elder Law Center 888-500-6700 Can help you understand the process of long term care insurance, medicare, VA Benefits, probate, et.

HOUSING LIST (Indio - Palm Desert)
Provided by Indio Senior Center 760-391-4170
E-mail: seniorcenter@indio.org Att: *ISC Housing*

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www.calqualitycare.org This free service offers information on long term care in nursing homes, residential care, room and board, group homes, adult day care, hospice, home health care, and facilities for the developmentally disabled in California, including Fresno, Los Angeles, Sacramento, San Diego, and San Francisco. Ratings are given when possible.

<http://www.connectriverside.org/> Riverside County's confidential service providing Riverside County residents access and referrals to community and health information 24 hours a day, 7-days a week and in many languages. P: 951-686-4357(24hr line), 800-464-1123 (8-5 M-F) or just dial 211. 951-686-4357(24hr line), 800-464-1123 (8-5 M-F) or just dial 2-1-1 for free!

www.cvhip.com An online directory of resources in Coachella Valley (for any age). It includes services like healthcare, food pantries, recreation, counseling, common concerns, education, healthcare, food, senior resources, etc.

www.desertsamaritans.org This non-profit agency is no longer in business, but their site posts an agency referral list. Check it out!

www.eldercarechannel.com On-line directory for local senior care services. Just type in your zip code to see what is available in your area.

www.Fairhousing.net Fair Housing Council of Riverside County (Info in general help section too!) P: 800-655-1812 E-mail: fhcrc@fairhousing.net Fair Housing Council of Riverside County, Inc. is a non-profit organization that fights to protect the housing rights of all individuals. This organization, approved by the Department of Housing and Urban Development (HUD), works with government offices to ensure Fair housing laws are upheld.

<http://www.homehealthcareagencies.com/> 888-865-2903 (Speak to a Care Advisor) Search engine for health care agencies in your area, just type in your zip code. HomeHealthCareAgencies.com was created to give consumers a resource where they can research Medicare certified home care agencies, private duty home care companies and hospice care services in their area, as well as learn about various state regulations. If you are interested in an explanation of various types of care please visit their web page <http://www.homehealthcareagencies.com/resources/what-is-home-care/>

<http://Lawhelpca.org> Spanish: <http://ayudalegalca.org> Seniors: <http://lawhelpca.org/issues/seniors> LawHelpCA serves California as the only statewide resource for self-help legal information and a referral directory of local legal aid providers, court-based programs, and certified referral services. Reliable information about common legal issues, written by reputable sources, updated directory of legitimate and pre-screened organizations that offer free or low-cost legal advice and representation.

www.linchousing.com Compilation of search engine results for all persons needing housing

www.lowincomehousing.us/CA/la_quinta.html Information for low-income housing including non-profits which help with low-income housing needs.

HOUSING LIST (Indio - Palm Desert)
Provided by Indio Senior Center 760-391-4170
E-mail: seniorcenter@indio.org Att: ISC Housing

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<https://www.ncoa.org/economic-security/home-equity/>

About National Council on Aging: <https://www.ncoa.org/about-ncoa/> 251 18th Street South Ste. 500, Arlington, VA 22202 P: 571-527-3900 Housing Options & Resources-Know an older adult who's considering a reverse mortgage, home equity loan, or retirement community? We've got the facts about senior living options.

<http://riverside.networkofcare.org/aging/index.aspx>

P: 415-458-5900 F: 415-256-9036 E-mail: nocinformation@networkofcare.org

Website that helps seniors and disabled persons with a variety of issues such as housing, food, aging, financial assistance, etc.

www.ourparents.com/california Site that searchers for local senior care providers

<https://www.senioradvisor.com/> 800-805-3621

Launched by A Place for Mom. A ratings and review site for senior care. The site allows visitors to submit and review consumer feedback throughout the country. Nearly 100% of our reviews have been verified by the staff at SeniorAdvisor.com as the first-hand experiences of real customers or visitors.

www.seniorhomes.com 1-800-748-4024 (call for free assistance) Search engine for senior living- Find assisted living, independent living, memory/Alzheimer's care, retirement communities and more. Also has an explanation of various types of senior living.

www.seniorhousingnet.com (part of move.com) P: (888) 525-2546

E-mail: customercare@seniorhousingnet.com Search engine for senior living

<http://www.skillednursingfacilities.org/> 866-333-6002 A nationwide directory of skilled nursing facilities